## **PARENTING**

**Course Description:** This course is designed to aid students in developing parenting and care giving skills that can be applied in a variety of situations. Major topics include becoming an informed parent, caring for the newborn, being an effective parent/caregiver, caring for the sick and elderly and exploring career opportunities in care giving. Leadership development will be provided through the Family, Career and Community Leaders of America.

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Academic	Content/Process
Expectations	
	Students will
2.29	distinguish among family structures.
2.16	contrast common examples of family crises
2.29	• predict how work and family roles are balanced based on values and goals.
2.29	• distinguish between traditional and reciprocal roles employed by families.
2.29,3.2,4.1	• examine factors to be considered in assessing readiness for parenthood.
3.2, 4.6, 5.1	• identify causes of and solutions for infertility.
3.2, 5.4	• recognize that many hereditary or chromosomal effects can be predicted and prevented by genetic counseling.
2.31	• identify the parts and functions of the male and female reproductive system.
2.31	describe methods of birth control.
2.29, 3.2, 3.7	• identify the early signs of pregnancy and the tests for confirming pregnancy.
2.29. 3.2, 4.4	• identify the aspects of adequate prenatal care.
2.29, 3.2,	• compare fetal development during each trimester of pregnancy.
4.1.4.2	
3.2, 4.6, 5.3	analyze factors that contribute to reducing birth defects.
3.3, 4.6, 5.5	• recognize the importance of advanced preparation for arrival of a baby.
3.2, 4.4, 4.6, 5.3	describe the birth process.
2.29, 3.2, 3.7	describe the physical characteristics of the newborn.
2.29, 3.2, 3.4	recognize the various aspects of routine infant care including safety.
2.29, 3.2	recognize stages of infant development.
2.29, 3.2, 4.4	analyze responsibilities common to parenting and care giving roles.
2.31, 3.2, 4.4	recognize signs of illness in a child.
2.31, 3.2, 4.4	• determine appropriate treatment of children's accidents or injuries.
2.29	dramatize an effective family council meeting.
2.15	interpret the Family and Medical Leave Act.
2.29, 3.2, 4.4	• examine the support systems available for care of the elderly.
2.36, 3.4, 3.7,	• investigate the specific jobs or careers in the fields of child care/elder care.
4.6	
5.4	create written and oral reports of chosen issue affecting families.
2.36, 2.37	utilize activities of the Family, Career and Community Leaders of America
	student organization as an integral component of course content and leadership development.
2.1, 2.8, 4.1	apply math, science and communication skills within technical content.
2.37	demonstrate employability and social skills relevant to the career cluster.

## **Connections**

- National Standards for Family and Consumer Sciences
- Secretary's Commission on Achieving Necessary Skills (SCANS)
- Kentucky Core Content for Assessment Version 4.0